

Tips for **creatively** connecting with God

God made us all different and this is a good thing!

We don't all connect, engage and grow in the same ways, so why do we think our prayer lives should look the same?

Here are some tips to help you creatively explore connecting with God in prayer:

- Share whatever is on your mind. Don't hide your feelings, questions or doubts - He can handle them!
- Mix up praying by yourself and with others
- Try incorporating different kinds of prayer - such as lament, praise, intercession, thanksgiving and petition
- Connect with Him in ways you love to connect with others

God does not need or want you to be perfect in order to connect. He loves you just as you are.



Pray in ways that excite, engage and grow you:

draw / journal / hike / watch a vlog / listen to music / be amongst nature / dance
create a video / have a quiet time / meditate / chat with others... it's up to you!

Ways to connect **creatively** with God

**Make
something**



**Chat
with
friends**



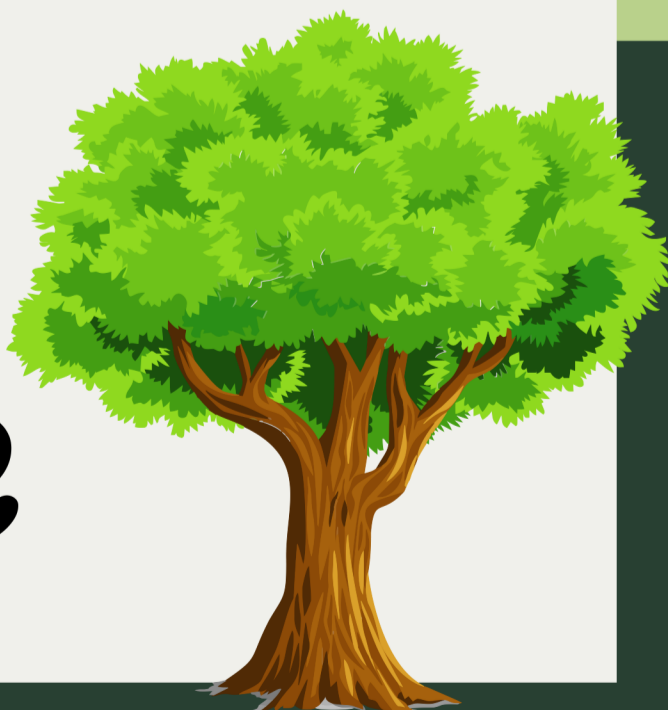
**Journal with
words or
drawings**



**Do
some
art**



**Enjoy
nature**



**Go for
a walk
or hike**



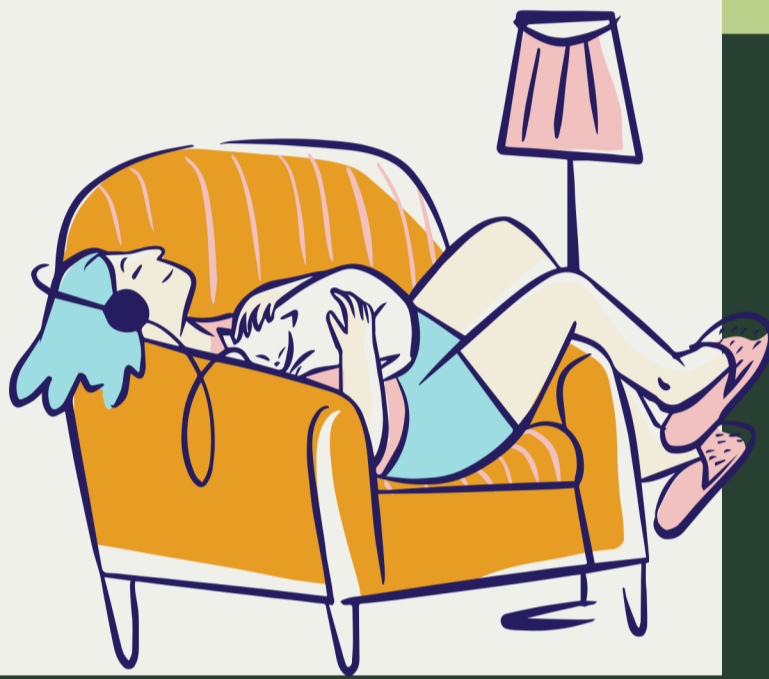
**Read a
Christian
book**



Meditate



**Listen
to a
podcast**



**Listen to
or play
music**



**Dance
it up**



**Watch a
vlog**



**Quiet
time**



**create a podcast
or
vlog
or blog**



